



# KING'S HERALD

The Monthly Newsletter of Christ the King Lutheran Church

*Connecting the World with God's Grace*

February, 2010

## FROM THE PASTOR. . .

### IT DEPENDS ON YOU

With the Annual Meeting just around the corner, and with Lent soon inviting us to reflect on the deepest meaning of life, Congregation and Council have their work cut out for themselves – big time!

*We don't* need to spend a whole lot of time talking about the size of our budget and worrying about how we are going to make it financially, but --

*We do* need to talk – a lot – about *keeping our vision clear* as we move through this year.

*We do* need to talk – a lot – about *how far our mission can drive our entire ministry*.

*We do* need to talk – a lot – about *opening our doors even wider to welcome newcomers*.

*We do* need to talk – a lot – about *what is important to hang on to and what we need to change*.

*We do* need to talk – a lot – about *what living up to our name, Christ the King, really means*.

*We do* need to talk – a lot – about *how we can best develop our most valuable asset – people*.

*We do* need to talk – a lot – about *energizing those people for their own mission in the world*.

And, *we do* need to pray – a lot – for *a spirit of discernment* as we seek a new pastor.

The truth is, of course, that all members of the Congregation, the members of the Church Council, and – let's add the members of the Call Committee – all of us have our work cut out for ourselves – big time. Now it's time to *be* Christ the King's congregation – *all* of us engaging in *all* of the above. How we translate our talking and our praying and our giving into loving action will shape our future. That's an exciting prospect!

*Pastor Paul*

## Call Committee Update

Happy New Year to everyone in the CTK family! 2010 promises to be a very important year for CTK as we search for a new Pastor to lead our church and our ministries. Those of us that serve on the Call Committee realize that we have an important role to play in getting a replacement for Pastor Paul Gysan. We have been working closely with the Church Council, Council President Brett McMillen, and the Synod since our first meeting on November 1<sup>st</sup>. We have met several times since then, and we intend to have a very open and transparent process that includes everyone's views and ultimately reflects the needs of the entire congregation. I though I'd answer some questions that may be on your mind.

### Who are the members of the Call Committee?

The Call Committee was "recruited" by the Church Council in October and reflects the diversity of the congregation gender-wise, age-wise, length of membership, etc. The members of the Call Committee are: Ryan Anderson, Louise Babirak, Mark Baker, Greg Maxwell, Lynne Simmons, Liz Spoto and Mitchell Kiffe, the chair of the Call Committee.

### What exactly does the Committee do?

In the Lutheran Church, the Call Committee is separate from the Church Council and is responsible for creating a Congregational Profile which will be shared with the Council and the Congregation. The Call Committee is intended to represent the congregation and will ultimately make a recommendation for a new Pastor to the congregation. The congregation "owns" the decision on calling a new Pastor. The call Committee's role is that of a facilitator.

### How long will the process take?

This is a great question and we can't answer this with certainty. However, the Call Committee met with Bishop Graham on December 3<sup>rd</sup> and he counseled us to be deliberate, but not rushed. He suggested that our open position will receive strong interest from qualified candidates. The Call Committee has put together a timeline for the process and we are glad to share it with you. This timeline is aspirational in nature, and the actual timing may be shorter or longer.

## CTK Call Process Key Timeline of Milestones

- 1) Complete ELCA Profile - January 31
- 2) Ask Congregation for Candidates - Annual Congregational Meeting Feb 7
- 3) Review ELCA Profile/Package with Congregation - March 1
- 4) Send Call Package to Synod - March 15
- 5) Synod provides candidates - April 15
- 6) Call Committee Initial Screenings - May 31
- 7) Finalize "Short List" of candidates - August 31
- 8) Call Committee recommendation to the Council - September 30
- 9) Official visit of Call Committee & Recommend Candidate to CTK - September 30
- 10) Council Recommendation to congregation - September 30
- 11) Congregation Vote on Call - September 30

### Who do I contact if I have questions about the Call process?

There will be an update of the Call Committee at the annual congregational meeting on Sunday, February 7<sup>th</sup>. We will be seeking congregational feedback on the Profile when it is completed. We hope to post this document on the CTK website. Please feel free to contact any member of the Call Committee personally if you have questions. While members of the Call Committee cannot discuss committee business with members of the congregation, we all are available to listen to thoughts or concerns. I will provide periodic updates at CTK Sunday services.

In closing, I can safely speak on behalf of the entire Call Committee that we are energized and committed to fulfilling our responsibilities. We all work well together and consider it a privilege to serve. Please keep us in your prayers!

*Mitchell Kiffe, Call Committee Chair*

## GATHER FOR WORSHIP

### Congregational Meeting Notice

Mark your calendars for February 7<sup>th</sup>, after the late service, to attend the annual meeting. Copies of the annual report will be available during the last weeks in January for everyone to review & see what has been happening throughout the year in all of our Ministry areas, as well as the proposed budget for the upcoming year.

## Boy Scout Sunday

In February, 2010, the Boy Scouts of America, founded to "to teach boys patriotism, courage, self-reliance, and kindred values," will mark its 100<sup>th</sup> anniversary. Christ the King has hosted many scout meetings over the years and many boys and young men in our congregation participate in Great Falls cub scout and boy scout troops. In addition, many CTK adults have participated in scouting, some having reached its highest rank of Eagle, and other have served as troop leaders. This important milestone anniversary will be marked at Christ the King on Sunday, February 7<sup>th</sup>, with Boy Scout Sunday. Cub and Boy Scouts will usher, greet, take collection, read the scriptures and more. If you would like to help out at this special service, please contact Bill Canis by January 20<sup>th</sup>, at [bcanis@yahoo.com](mailto:bcanis@yahoo.com).

## GROW IN FAITH

### Mother's Day Out News

2010 has started with some challenges for MDO. The flood in the Education Wing has moved us out of our regular classrooms and routines. We have shifted our classrooms down the hall to where MDO began. We are truly blessed to have had essentially no damage and just merely inconvenienced until the facility is put back together.

Apparently, our discussions of Winter Wonderland have caused the temperatures to drop! For the 4<sup>th</sup> year running, Miss Jane led snow dance on Thursday. Enough snow came down by Friday morning that Fairfax County to delayed school for 2 hours.

In February, we will be talking about Chinese New Year, Groundhog Day, Valentine's Day, Dental Health Month and Community Helpers. We hope to have lots of different community helpers come in to share their jobs with the children.

I would also like to thank all those volunteers who came out during Christmas break to help paint the hallways. Thank you for sharing your time during that very busy time of year! The new color is wonderful and brightens up the space!

Registration is now underway for the 2009/2010 school year. Anyone interested in program information or a program tour can call 703/759-6935 or stop by the MDO office M-F from 9:00-2:00.

*Peace, Karen Anderson, Director*

### *Adult Education Schedule*

Come feast on the Word and quench your thirst for Biblical knowledge! Here's what's percolating in Luther's Lounge every Sunday from 9:45 to 10:45 AM:

**Mar 13 & 20** - The totally awesome Spiritual Gifts Workshop returns to CTK this year. In January, the format will be offered as a full day Saturday event. In March, we'll offer it as two 4-hour Saturday workshops.

**Jan 10-Feb 17** - 6-week study on the Intertestamental Period. Sometimes called "the silent years," this 400-year period bridges the Old Testament to the New. Delve into the history pivotal to understanding tensions which set the stage for Jesus' coming as Messiah. Developed by Gale Bobzien & Joni Holeman.

**Feb 28-Mar 7** Our friendly Thrivent Financial rep, Nancy Orta, brings us two one-hour workshops on resource stewardship. These interactive events focus on using your values to help manage your time, talents and treasures. Informational rather than sales-oriented, these are offered at no cost or obligation whatsoever. Highly pertinent topics as we walk our inward Lenten journeys.

## **YOUTH and Family Ministry**

### *Shrove Tuesday Pancake Dinner*

#### *Extravaganza!!!*

Tuesday, February 16<sup>th</sup>

6:00-7:45pm in Gysan Hall

Come join in the fun! "Children" of all ages are invited to eat a delicious pancake dinner, make crafts, play pancake games and participate in a special coronation of the queen and king of Shrove Tuesday! Dinner starts at 6:00pm, followed by the games, then the coronation. Everything should be done by 7:45pm, so families can get home early on a school night. See you there!

### *Operation Sharehouse*

We are asking the **entire congregation** at Christ the King to work together to raise \$2, 500 and to help the youth of this congregation package 10,000 meals on **Sunday, February 21st after the second service**. Operation Sharehouse is a product of *STOP HUNGER NOW*. *STOP HUNGER NOW* is a Raleigh-based international hunger relief organization. They created a meal-packaging program, *Operation Sharehouse*, in 2005. "The program perfected the assembly process that combines rice, soy, dehydrated vegetables and a flavoring mix including 21 essential vitamins and minerals into small meal packages." "Each meal costs on 25 cents. The food stores easily, has a shelf-life of five years and transports quickly."\*

The youth at Christ the King will collect \$1280 by collecting quarters in a prescription bottle and placing them in the very large prescription bottle in the narthex.

We are asking the adults in the congregation to donate \$650 and with the funds available from Thrivent Benevolent funds; we will be able to reach our goal of \$2500. This is the amount necessary to buy the materials for 10, 000 meals. This may seem like an impossible task. It is more than possible. It has been done many times throughout the country.

Although, we cannot know where our meals will be sent, we do know that some meals will be sent to Haiti. We cannot accomplish this goal, if we do not work together—children, youth and adults. Someone as young as five years old will be able to participate. If you are over five years old and able to stand or sit for a couple of hours, we need your help.

If you are able, and choose to do so, we are asking that you fast the morning of the event. It will help to intensify the experience, if your stomach is a little empty and you are a little uncomfortable while packaging meals. It will help you to remember the recipients of these meals may have not have eaten for some time. If you are not able to fast or choose not to do so, please come anyway. Please note: juices and coffee will be available during the event and we will serve some of the mixture so that each participant will have the opportunity to taste the meal they packaged.

In addition, there will be a very short prayer service after the event in the sanctuary.

\*Taken from the STOP HUNGER NOW website.

### *Raising Up Parents*

Parenting has always been a difficult job. It doesn't seem to be getting any easier. As parents, we are well aware of the influence the world continually exerts on our children and, in turn, the pressure this places on us, as parents. Christian values and biblical truths do not always coincide with the worldview. This pulling from opposite directions can place a tremendous amount of stress on youth and their family. This is our way of helping you to cope with this stress. This group can be a great source of support and fellowship.

Who: **Parents** of Jr. High through young adult

What: Small group meeting for fellowship and support.

Where: Member's Homes (Location of first meeting will be emailed.)

When: **February 12, 2010** and every second Friday thereafter **7:00pm**

Note: Each participant is asked to bring their favorite snack or hors d'oeuvres. The host/hosts will provide the beverages.

### ***Mission Trip Updates***

*Volunteers:* Taz Miller-Cvilikas has graciously stepped forward to takeover for Deb as Leader for this year's mission trip. Although Deb will still be going as a chaperone and as support for the volunteers, this delegating of responsibilities will allow Deb to concentrate her efforts in other areas. Carol Zmuda has accepted the call as fund-raising chairperson and Steve Wilson as Volunteer Coordinator. At the time of printing, Taz Miller-Cvilikas, Deb Cantrell, Nicola Magley and Kevin Magley have accepted the call as chaperones. Scott Wainner and Steve Wilson have said they will go as chaperones, if needed and if their schedules permit them to do so. Kat Miller-Cvilikas has offered to fill the role of peer-chaperone.

If you are still interested in participating in this year's mission trip, please contact Taz Miller-Cvilikas or Deb Cantrell ASAP. We have left a couple of spots open for last minute additions. If your child is available for this mission trip, it would be important for him/her to attend. It is a life-changing experience!

### ***Fundraising/Finances:***

We were able to begin our fundraising efforts with a big bang! The proceeds from the Pie Auction in November and the matching funds from Thrivent have given us a good start on earning the money needed to pay the expenses for the chaperones and for camp grants. We are planning three more events to raise additional funds: selling *Butter Braids*, car wash and Easter Morning Brunch.

### ***Senior Bible Study***

The Senior Bible Study Class will begin a new series in February. Deb is looking at several possibilities and will make a choice by the end of January. An email will be sent as soon as a decision is made. We hope to be back in the Education as soon as possible. Until further notice, we will continue to meet in Deb's office.

### ***Speaking of the Education Wing***

As soon as we have the official "go ahead", we will ask the 7<sup>th</sup> and 8<sup>th</sup> grade youth and their parents, as well as the senior high students and their parents, to spend a Saturday at the church cleaning, organizing, etc. We will email the details as soon as we can. Please make every effort to attend this service event as a family. There will be much work to do and "many hands will make light work of it." These events are a great opportunity to participate in the care of your church, grow closer to your brothers and sisters at Christ the King and go home with the feeling of a day well spent. We hope to see *you* there. We will also encourage all members of the congregation to help either upstairs in the youth rooms, the Sunday school room or downstairs at MDO.

### ***Youth and Adult Forum***

In March -- final date to be determined this week -- we will hold a special forum for Senior High Youths. Forum will be held on a Sunday evening and will include special breakout sessions for Boys and Girls, a review of how scripture is needed to deepen your faith, a short film, and a panel of adults who will speak to their own faith journeys and how faith works in their lives. Moreover, we'll top it off with a special Spaghetti Dinner!!!! Look for the email in your in-box.

### **Upcoming Youth and Family Events**

#### **February**

7 <sup>th</sup>	7 <sup>th</sup> & 8 <sup>th</sup>	Super Bowl Party
		<b>Canceled</b> – Could not find a host family.
	Sr. High	Super Bowl Party
		<b>Canceled</b> – Could not find a host family.

12 <sup>th</sup>	Parents	<i>Raising Up Parents</i>
7:00pm.	Group	Location TBD

<b>Rescheduled</b>	7 <sup>th</sup> & 8 <sup>th</sup>	Lock In
	Youth Group	Youth Room

An email will be sent with the date and place of the lock-in after we know when the Ed. Wing will be available.

21 <sup>st</sup>	Entire	<i>Operation Sharehouse</i>
12:15	Congregation	Gysan Fellowship Hall

28th	7th and 8th	Service Event
Tentative Youth Group		An email will be sent

## **SERVE OTHERS**

### **Gifts of Hope**

Thank you for the generous donations to the 2009 Gifts of Hope program. Christ the King raised \$1115 to help people in need in the metropolitan Washington, DC area, and around the world. Our congregation provided a wide variety of gifts that will help fund basic needs such as food, warm clothing, transportation, dental and medical attention to needy families and the homeless in our area. In addition, some of our members sponsored gifts to feed children, provide school supplies and computer equipment, and support pastors in El Salvador, Namibia and Slovakia. Many others chose gifts that will bring joy through providing books, outings and ice cream to children whose families can not afford these treats.

Many lives will be touched by the generosity of our congregation. Thank you for your support!

## Mark Your Calendars for

### These Important Service Event Dates!

**February 7<sup>th</sup> - Souper Bowl of Caring** - Support your favorite team on “Souper” Bowl Sunday (Feb. 7<sup>th</sup>) by making a donation for World Hunger into the “Soup” pot of your choice in the narthex.

**February 21<sup>st</sup> - Stop Hunger Now!** Join us in Gysan Hall after the second service to package non-perishable meals for the needy.

**April 5<sup>th</sup> - NOVACO Life Skills Dinner** - 5:30 pm - King of Kings Lutheran Church Fairfax VA.

**April 25<sup>th</sup> - Hunter Woods Fellowship House Spring Fling** - Join in an afternoon of fun, food and fellowship with the senior residents of the Fellowship House in Reston.

## CARE FOR ONE ANOTHER IN AUTHENTIC COMMUNITY

### Prayer Concerns

Kay Teach, Hilton Patterson, Charles Reges, Linda Darrell & Karen Stein, Nancy Ferguson, Jill Patterson, Jayne Ayers & Jamie MacIntosh, Ralph Swineford, Melisa Heinson, Marilyn Grove & Bob Strickland, Barry Bittner, the Lynn Family, Mary Kreyling, Chris Stuart, Ruth Ritchie, Tami Phillips, Prue Welsh, Hunter Presgrave, Fran Beecher & Jillian Schneider, Samuel Von Bank, Artie Wright, Marivi Mata, Stan Andon & Mike Horsey, Carolyn Evans, Kristy Parnell, Jack Pertler, Pamela McManman, John Gersic, Peter Yeager, Bill Landherr, Polly Oakes, Jim Johnson, Cornelius Lokker, Fred Brofazi, Joann Wehrhan, Louis Orta, Steve Smith, Tony Santantonio, Allison Brady, Dottie Wasser, John Merkle, Carmen Jordan, Bill Knecht, Dolores Heikkila, Laurus Newby, Joe Maurelli, Regina McKinley, Alan Starr, Christina Iwanski, Courtney Johnson.

**Grieving** - Family and friends of Ruth Thieman.

**Military Personnel** - Stacy Caum, Chris Nogle, Will Boyd & Lt. Jon Cirillo, Capt. Chris Owen, Lt. Col. Doug Lilly.

## February Birthdays

*Congratulations to members celebrating a birthday!*

Alexander Dumas 2/1  
Jeffrey Benson 2/2  
Patrick Benson 2/2  
Bill Carbaugh 2/3  
Emily Goff 2/5  
Jane May 2/5  
Jason Hanna 2/7  
Peggy Poindexter 2/8  
Margaret Borden 2/9  
Lydia Goff 2/9  
Scott Pennebaker 2/9  
Susan Baker 2/12  
Helen Critchfield 2/12  
James Hawkins 2/13  
Matthew Blessing 2/14  
Amanda Durig 2/15  
Stephanie Buckley 2/17  
Carolyn Saba 2/17  
Justin Speros 2/19  
Caroline Wainner 2/19  
Jennifer Hanna 2/20  
Joey Kiffe 2/20  
Taz Miller-Cvilikas 2/20  
Philip Magley 2/21  
Braeden Smith 2/21  
Rachel Zmuda 2/21  
Abigail Kreutzer 2/22  
Lucy Kreutzer 2/22  
Christopher Miner 2/22  
Jon Palmer Neaves 2/22  
Laura Hanna 2/25  
Kim Kennedy 2/25  
Lynne Simmons 2/25  
Susan Brady 2/26  
Nikole Gretzinger 2/26  
Dorothea Miller 2/26  
Christian Gaibler 2/27  
Suzanne Gaibler 2/27  
Fred Tansill 2/27

## February Anniversaries

*Congratulations to members celebrating an anniversary!*

Harry & Mat Brill 2/4  
Dale & Rosemary Theurer 2/15  
Donn & Sharon Davis 2/16  
Michael & Amy Swineford 2/17  
Thomas & Annette Brady 2/18

## **Church Council Information**

Brett McMillen, President  
703-406-4745  
brett.mcmillen@qwest.com

Bill Carbaugh, VP & Witness  
703-757-5839  
wcarbaugh@Guardian-Realty.com

David Whelan, Secretary  
703-759-9611  
dwhelan@digitek.com

Dave Rudorfer, Treasurer  
703-851-3708  
drudor@aol.com

Tom Cooper, Financial Secretary  
703-759-3919  
tzcooper@earthlink.net

Amy Swineford, Fellowship & Congregational Life  
703-481-6488  
aswineford@gulickgroup.com

Kary Froscheiser, Finance  
703-444-5801  
frok@msn.com

Tim Riffe, Learning  
703-757-9226  
riffe@fr.com

Tom Kalka, Property  
703-793-6263  
tom.kalka@CustomFitnessConcepts.com

Tracey Shenk, Service  
703-438-8989  
tracey@shenkfamily.com

Rudy Chatlos, Staff Relations  
703-391-2565  
chatlosw@gao.gov

Bill Hiatt, Stewardship  
703-437-1622  
w.hiatt@verizon.net

Lynne Roots, Worship & Music  
703-421-0288  
frosty6@cox.net

Steve Wilson, Youth & Family  
703-757-6867  
swwilson15@verizon.net

**Christ the King Lutheran Church**

Office Phone - (703) 759-6068    Office Fax - (703) 759-7918

**Church Staff**

Rev. Dr. Paul Opsahl, Interim Pastor  
(703) 444-7270 (home)    paul.opsahl@verizon.net

Deb Cantrell, Youth Minister  
(816) 510-1993    deb.cantrell@verizon.net

Mike Swineford, Church Administrator  
(703) 759-6068    mike.swineford@verizon.net

Jane Cooper, Coordinator of Music/Director of Vocal Music  
(703) 759-6068    panocooper@earthlink.net

Andrew Dobos, Organist/Director of Instrumental Music  
(703) 759-6068    amdobos@aol.com

Karen Anderson, Director of Mother's Day Out  
(703) 759-6935    mothersdayout@verizon.net

Satva Silva & Silvia Locks, Nursery Attendants

Joyce Weber, Newsletter Circulation

Pastor Kim Erno, Missionary to Mexico City

**Church Council Members**

Brett McMillen, President; Bill Carbaugh, Vice-President;  
David Whelan, Secretary; Dave Rudorfer, Treasurer; Tom Cooper, Financial Secretary  
Amy Swineford, Tim Riffe, Tom Kalka, Tracey Shenk, Rudy Chatlos, Bill Hiatt,  
Lynne Roots, Kary Froscheiser, Steve Wilson

**Call Committee**

Ryan Anderson, Liz Spoto, Louise Babirak, Lynne Simmons, Mark Baker, Greg Maxwell, Mitchell Kiffe