

## TABLE OF CONTENTS

What Is Confirmation? .....	1
Confirmation is the fulfillment of promises.....	1
Confirmation is taking responsibility for discipleship. ....	1
Confirmation is Spiritual Growth. ....	2
Confirmation is Relationships. ....	2
What Is Confirmation at Christ the King? .....	2
Sunday School Class (9:45 – 10:45 a.m. every Sunday) .....	2
Attendance Requirements .....	2
Curriculum .....	3
Experiences .....	3
Memory Work.....	4
Homework and Home Devotions .....	4
Worship Notes .....	5
Assessments .....	5
Guide Groups .....	5
Guides.....	5
Earn Points For Prizes! (You must be present to win!).....	6
Attend Classes and Experiences .....	6
Attend Worship and submit a completed Worship Notes Form. ....	6
Turn in Homework and Home Devotions Worksheets .....	6
Serving as Acolyte or Crucifer .....	6
Acolyte and Crucifer Dress Guidelines.....	7
Staffing Worship Services.....	7
Luncheons After Late Worship for Confirmation Families.....	8
Retreats.....	8
Middle School Youth Group.....	8
Responsibilities.....	9
Of Students.....	9
Of Parents.....	9
Of Guides .....	10
Parental Support and Roles in Confirmation .....	10
Learning Materials.....	11
Confirmation Registration Fees .....	11
Internet Resources .....	11
Contact Information.....	12
Appendix A - Calendar for Confirmation 2008-2009.....	13
Appendix B - Experiences .....	16
Appendix C - Five Principles and Four Keys .....	20
Appendix D - Worship Notes Form.....	21
Appendix E - Shekinah, March 20-22, 2009 .....	22
Appendix F - Work Camp, July 19-25, 2009.....	22

## WHAT IS CONFIRMATION?



Let's start with what it *is not* - Confirmation is not a sacrament in the Lutheran Church. It is not required. The Affirmation of Baptism for second-year students is not a graduation. As for what Confirmation *is* - It is an optional series of lessons, music, service, relationships, and fellowship. It is the pastoral and educational ministry of the church that helps the baptized to identify with the church and to participate in its mission. When a family registers for the Christ the King Confirmation Ministry, there are responsibilities and expectations to be considered. Expectations have been set to preserve the integrity of this ministry of faith formation, of the sharing of God's Word and Sacraments, and of the building of Christian relationships. The expectations and responsibilities have the purpose of contributing to the experiences that lead up to completion of the ministry. Confirmation is an important milestone in the lifelong journey of living faithfully.

### **Confirmation is the fulfillment of promises.**

It is a time for parents of adolescents to fulfill the promises made at Baptism in partnership with the whole faith community, the promises to

live with them among God's faithful people,  
bring them to the word of God and the holy supper,  
teach them the Lord's Prayer, the Creed, and the Ten Commandments,  
place in their hands the holy scriptures,  
and nurture them in faith and in prayer,  
so that your children may learn to trust God,  
proclaim Christ through word and deed,  
care for others and the world God made,  
and work for justice and peace.

("The Sacrament of Holy Baptism", *Evangelical Lutheran Worship*, Minneapolis, Augsburg Fortress, Publishers, 2006, p. 228.)

### **Confirmation is taking responsibility for discipleship.**

It is a time in the adolescent faith journey for intensive nurturing, a time of preparation leading to public profession of Christian faith and for young people to "affirm" their intention to live as a Child of God in the covenant of Baptism:

Do you intend to continue in the covenant God made with you in holy baptism:  
to live among God's faithful people,  
to hear the word of God and share in the Lord's supper,  
to proclaim the good news of God in Christ through word and deed,

to serve all people, following the example of Jesus,  
and to strive for justice and peace in all the earth?

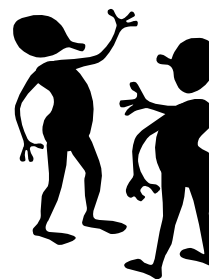
(“The Affirmation of Baptism”, *Evangelical Lutheran Worship*, Minneapolis, Augsburg Fortress, Publishers, 2006, p. 236.)

### **Confirmation is Spiritual Growth.**

It is a time for exploring faith, learning fundamentals of faith, and for meaningful spiritual experiences through which to grow in faith.

### **Confirmation is Relationships.**

It is a time to experience God’s love by building caring connections with parents, adults, and peers. It is a commitment of the whole family to grow together, to support one another, and to encourage one another to find their trust in a God who loves us, cares for us, and forgives us.



### **WHAT IS CONFIRMATION AT CHRIST THE KING?**

The Confirmation Ministry at Christ the King is based on our Church’s Mission Statement, which is “[a]s a committed body of Christ, we will gather for worship, grow in faith, evangelize the Gospel, steward God’s gifts, and serve and care for one another in authentic community.” We spend approximately ten weeks on each element of the Mission Statement, exploring it through class time, field trips, service projects, retreats and fellowship.

### **Sunday School Class (9:45 – 10:45 a.m. every Sunday)**

The core of our Confirmation Ministry is our Sunday School class, taught mainly by the Pastors. At times, others whom the Pastors select will teach. The classes follow the learning model of “teach – experience – reflect.” For each ten-week session, we spend the first four weeks in the classroom, learning about the topic through lecture, drama, music, video clips, and other presentations. For the remaining six weeks, the students alternate between “experience” and “reflection”. One week they embark on various experiences such as field trips, workshops, listening to and questioning a guest speaker, and the following week they return to the classroom to share their thoughts and impressions of the event. There will be an assessment at the end of each ten-week session to evaluate how much the students learned. The complete schedule of classes is attached as Appendix A. Confirmation Class meets in the Crossways Classroom on the second floor of the Christian Life Center (next to the Youth Room).

### **Attendance Requirements**

From September 7, 2008 to June 14, 2009, there are 30 on-site Sunday morning Classes and six off-site Experiences. You must attend a minimum of 25 of the on-site Classes, and all of

the off-site Experiences. If you miss more than 5 Classes you will be expected to complete a 5-page make-up assignment on an appropriate topic determined by the Pastors for each class missed beyond 5. If you miss an Experience, whether on-site or off-site, you will be expected to complete a five-page make-up assignment related to the experience. You must notify a Pastor in advance if you will be absent. If you wake up sick on Sunday morning, you should still call the church office at 703-759-6068 and leave a message.

Contrary to our practice in previous years, Second-Year Students will remain in the Confirmation class through the end of the School Year, instead of moving up to the High School class after they are confirmed. This means that Second-Year Students are still required to attend the Experience on June 7, 2009 and the Reflection on June 14, 2009.

**NOTE:** There is educational programming for all ages at Christ the King *every* Sunday. However, for five Sundays of the year, attendance will NOT be taken, since we recognize that many families travel on long weekends. These dates are Nov. 2, 2008 (school teacher workdays); Nov. 30, 2008 (Thanksgiving weekend), Dec. 21, 2008 (Winter Break); Jan. 25, 2009 (school teacher workdays); and May 24, 2009 (Memorial Day weekend). These are not considered “make-up” days for attendance purposes.

## Curriculum

Confirmation is a two-year ministry. We spend the first three weeks of each year on “Bible Basics”, to ensure that all students have a common foundation of Bible knowledge on which to build. Then the classes proceed as follows:

### Year A (2008-2009)

Bible Basics	Sept. 14 – Sept. 28, 2008
Gather for Worship	Oct. 5 – Dec. 21, 2008
Serve and Care	Jan. 4 – Mar. 15, 2009
Grow in Faith Part A – Old Testament	Mar. 22 – June 14, 2009

### Year B (2009-2010) [dates are approximate]

Bible Basics	Sept. 2009
Steward God’s Gifts	Oct. – Dec. 2009
Evangelize the Gospel	Jan. – Mar. 2010
Grow in Faith Part B – New Testament	Mar. – June 2010



## Experiences

Most of the “Experiences” take place during the Sunday School hour on Sunday mornings, although there are some field trips on other days of the week. When an Experience is off-site, whether on Sunday or another day of the week, you should expect to carpool from the church. A schedule of the Experiences is attached as Appendix B.

## Memory Work

Over the course of the two-year Confirmation Ministry, each student is expected to memorize Luther's *Small Catechism*, which is included in *Evangelical Lutheran Worship*. This year, youth will be asked to memorize and to write from memory the following:

<u>Text</u>	<u>Date of Assessment</u>	<u>Page(s) of ELW</u>
The Sacrament of Holy Baptism	Sunday, October 5, 2008	p. 1164-65
The Sacrament of the Altar	Sunday, October 26, 2008	p. 1166
The Ten Commandments #1-3	Sunday, January 11, 2008	p. 1160
The Ten Commandments #4-10	Sunday, February 22, 2008	p. 1160-61

## Homework and Home Devotions

*"Most certainly father and mother are apostles, bishops, and priests to their children, for it is they who make them acquainted with the gospel."*

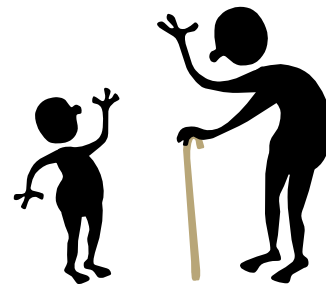
*- The Estate of Marriage, Martin Luther, Luther's Works, vol. 45, page 46.*

Confirmation is not just about coming to class and doing a service project every now and then. It's about living faith at home as well! As parents and important adults in youths' lives, you have an awesome responsibility for teaching and passing on the faith to them. There are 168 hours in a week. If youth spend 2 hours at church on a Sunday morning, then the Pastors see them 1.2% of their week and parents see them the other 98.8%. Martin Luther was on to something!

Confirmands will often be assigned Homework and/or Home Devotions that may entail discussion with parents, other important adults in their lives, and their families. The purpose of these activities is to reinforce what is being taught and experienced in Confirmation at home, where faith is practiced and formed as well.

We understand that our youth today have more homework than ever from school. These Homework and/or Home Devotions will not be complex or time consuming, but they will take some intentionality in order to be completed by the family.

In addition to doing the 'written assignment,' we do expect Confirmation families will share 'Highs and Lows' on a frequent basis in some family setting.



In Appendix C are the Five Principals and Four Keys of Faith Formation as researched by The Youth and Family Institute and presented in the book, "Frogs Without Legs Can't Hear: Nurturing Disciples in Home and Congregation". These principals drive our Christian Education and Youth and Family Ministries here at Christ the King.

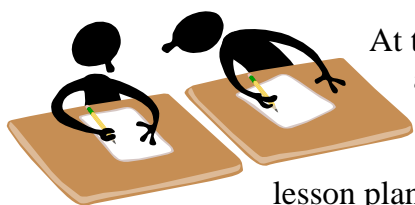
**NOTE:** Homework and Home Devotions assignments need to be completed and turned in even if class is missed. Confirmands will need to contact one of the Pastors if they miss a class to pick up the next week's homework and / or home devotions assignment.

## **Worship Notes**

Every student in Confirmation should fill out a Worship Notes Form every time they attend worship – even if they attend a worship service somewhere else.<sup>1</sup> The forms are in the right-hand drawer of the long table in the Narthex, immediately to the right of the Sanctuary's main entrance. Place completed forms in the same drawer. They will be collected, read, and tallied on a weekly basis. You are expected to submit a minimum of 15 Worship Notes. If you do not turn in 15 Worship Notes, a make-up assignment for EACH Worship Note not turned in will be assigned. A sample Worship Notes Form is attached as Appendix D.

**NOTE:** Listening to the sermon on the Internet is not a substitute for attending Worship.

## **Assessments**



At the end of each unit, every Confirmand will complete an assessment, not for a grade, but for a chance to show what they have learned throughout the unit. Assessments help confirmation planners and teachers shape future curricula and lesson plans by seeing if key concepts were learned. If you require special test taking conditions, please contact the Confirmation Coordinator or the Pastors. We are more than willing to work with those who have special needs and circumstances.

## **Guide Groups**

The Confirmation students are divided into Groups, and each Group is led by two adult Guides – hence the name “Guide Group”. For the 2008 – 2009 school year, there are eight or nine youth in each Guide Group. You will usually sit by Group when in class, and coordinate carpooling and transportation within a Group. Throughout the year, each Group should complete five service projects on their own with their Guides outside of any large group Confirmation Service Project. Guide Groups will meet on their own after each Confirmation Luncheon to plan for these service projects.

## **Guides**

Guides are adults in the congregation who are giving their time to shepherd and to accompany Confirmands through their Confirmation Journey. There are two Guides for every Guide Group who attend Confirmation Classes on Sunday mornings, as well as

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<sup>1</sup> The Worship Notes Form is also available on the Christ the King webpage, [www.Christ-the-King-Lutheran.org](http://www.Christ-the-King-Lutheran.org). If you attend worship at another church, download the Form from the web and attach a copy of the worship bulletin to your completed Form.

coordinate along with the Confirmands the Guide Group's service events throughout the year.

### **Earn Points For Prizes! (You must be present to win!)**

To make Confirmation a little more fun, and to encourage you to participate in all activities, you can earn points to win prizes for yourself and for your group. Points are tallied based on individual and group attendance, and completed Worship Notes and Homework. Prizes are awarded at the end of each unit (December 21, 2008; March 15, 2009; and June 14, 2009). Past prizes have included movie tickets, pizza-parties, bowling nights, and laser-tag parties. Confirmands can win individual prizes for PERFECT attendance. Groups win by accumulating the most points for attendance, Worship Notes and Homework during each unit. Here is how you earn points for your Group:



#### ***Attend Classes and Experiences***

One point is awarded for each student that shows up ON TIME for Sunday School Classes. "On time" is defined as no later than 9:50 a.m. as determined by the clock in the Crossways Room. One point is awarded for each student that attends the off-site Experiences. You do not earn a point by completing a make-up assignment.

#### ***Attend Worship and submit a completed Worship Notes Form.***

After you have completed the minimum 15 Worship Notes, each additional Worship Note earns one point for your Group total. The more Worship Notes Forms you complete, the more points your Group gets.

#### ***Turn in Homework and Home Devotions Worksheets***

At the end of each unit, if a Confirmand has turned in all required homework and home devotions on time (at the beginning of the session when it is due), 5 extra points will be awarded to their Group. If you miss a session and still get the homework in on time, you can still earn points.

### **Serving as Acolyte or Crucifer**

As part of the Confirmation learning experience, the congregation asks you to assist with worship by serving as acolyte or crucifer. When you registered for Confirmation you also indicated your preferences and availability for serving. Mrs. Kathy Zimmerman, our Acolyte & Crucifer Coordinator for 2008-09, will draw up a schedule based on the information received and will try to honor your requests and preferences. If you do not indicate your preferences, you will be placed in the schedule at random. When the master schedule is

complete, she will mail it to you. Please put it in a safe and obvious place, such as on the refrigerator or your bulletin board.



When you are scheduled to serve as acolyte or crucifer:

- Please arrive 15 minutes prior to the service starting time.
- Find a Pastor and let him know you are there.
- Go to the Sacristy and robe up, and wait there to receive any last minute instructions.

If you cannot serve on your scheduled date, it is your responsibility to find a substitute.

- Consult the Acolyte and Crucifer list and call a substitute.
- When you have found a replacement, call the church office and notify Mike Swineford of your replacement by Thursday at 5:00 p.m. The church office phone number is (703) 759-6068.

**NOTE:** Leaving a message on voicemail or an answering machine is not sufficient. You must talk with the substitute or a parent of the substitute.

As well as the Master Schedule that you will receive, there is a monthly schedule that comes out in the *King's Herald*, the church's monthly newsletter. In addition, the week before you serve, you will receive a reminder card from the church. The schedule is also posted on the Christ the King Youth Website, which can be found at [www.ctkyouth.org](http://www.ctkyouth.org). If you are a second-year student, you will be on the schedule until the new first- and second-year students are scheduled in the fall of 2009.

### ***Acolyte and Crucifer Dress Guidelines***

Serving as an Acolyte and Crucifer is a vital part of our worship life at Christ the King. While all acolytes and crucifers wear albs (to remind us of our baptisms and being clothed with Christ), we do have some dress guidelines. We understand that dressing for church today is different than it was a generation ago, but we have some basic guidelines for our worship leaders:

No shorts or jeans, please

Presentable footwear, please: no crocs or flip-flops (although dress sandals for girls are okay); if you must wear sneakers they must be clean.

### **Staffing Worship Services**

Each Guide Group will "staff" the 11:00 worship service twice during the year. The students will serve not only as acolyte or crucifer, but also as greeters, ushers, lector, cantor, assistant minister or communion assistant. Each group will receive training, prior to serving at worship, from the Pastors or others whom they designate.

In helping to staff worship services, Confirmands serve as ambassadors for Christ the King. Therefore we ask that, on the Sundays your Group is assisting with Worship Services, you follow the dress guidelines for Acolytes and Crucifers.

### **Luncheons After Late Worship for Confirmation Families**

Six times during the year, Confirmation students and their families join the Pastors for a luncheon following the late service. The Guide Group parents host the luncheons on a rotating schedule (*see* page 10, below). After lunch, the students meet with their Guides for caring conversations, planning and discussion. At the same time, their parents meet with the Pastors for a lively, informative session filled with ideas and tips to guide them as they parent their teenagers. Appropriate care and supervision will be provided for younger siblings so that both parents may have the opportunity to participate in the Pastors' sessions.



### **Retreats**

In prior years we have offered two retreats, one in the Fall for First-Year Students and one in the Spring for Second-Year Students. For the 2008 – 2009 year, we will only offer the spring retreat for Second-Year Students at Christ the King from 7:00 p.m. Friday, April 17<sup>th</sup> to 11 a.m. on Saturday, April 18<sup>th</sup>. This retreat, mandatory for all Second-Year Students, covers Confirmation Faith Statements, offers a more in-depth look at what confirmed membership in the church is all about, and also has some fun with it as well.

In addition, we expect every youth in their two years of Confirmation to attend at least one Shekinah and one Work Camp. Information about Shekinah is attached as Appendix E, and information about Work Camp is attached as Appendix F.

### **Middle School Youth Group**

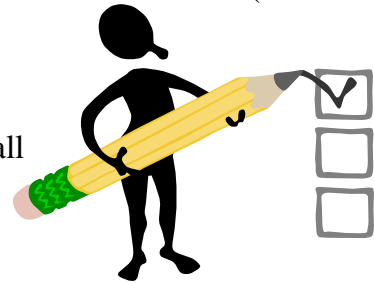
Usually held on the fourth Sunday of the month, Middle School Youth Group is a part of the Confirmation Ministry and allows a chance for all Middle School Youth to come as they are, relax, and have a little fun. The currently expected dates for Middle School Youth Group events are Sept. 28, Nov. 23, Dec. 21, Jan. 25, Mar. 1, Mar. 29, and May 3.

Parents are expected to participate as adult sponsors and drivers for various events throughout the year. Check the most recent church bulletin or newsletter for all Middle School Youth Group times and event details.

## **Responsibilities**

### *Of Students*

- Attend Sunday School Class and participate in Experiences and Reflections. With your Guide Group, participate in Service and Fellowship events.
- Practice ‘Home Devotions’ with your family. Share Highs & Lows, theme discussions and prayer with your family.
- Come to Confirmation events with a positive attitude, open eyes, ears, and heart.
- Respect your family, the ministry, other students, Pastors, leaders, High School Youth, and yourself.
- Bring your Bible, ELW, Lutheran Handbook, and other materials to every Sunday School class.
- Attend worship and fill out Worship Notes.
- Serve as Acolyte or Crucifer and serve as worship leader when scheduled. (Make sure appropriate clothing is worn!)
- Participate fully in Small Group Activities.
- Complete assigned Homework and Memory Work.
- Be faithful to the boundaries and sacredness of your Small Group.
- Pray for this program and your involvement in it.
- Be an example of Christ in the world.
- For second-year students: Develop a personal faith statement and set up individual appointment with Pastors.



### *Of Parents*

- Make sure your youth get to Confirmation on time!
- Bring your youth to church 15 minutes prior to the start of worship when he/she is scheduled to serve as acolyte or crucifer.
- Attend the six luncheons and participate fully in the Pastors’ workshops that follow.
- Attend at least one Sunday School Class of Teaching, one Experience, and one Sunday School Class of Reflection. Discuss the lessons with your child.
- Discuss with your youth their responsibilities for, and participation in, small group activities, quizzes, and their service as acolyte or crucifer.
- Actively engage youth in home devotions, caring conversations, rituals and traditions, and service activities.
- Assist youth with memory work and homework ...you might learn something too!
- Always pray for our youth, the Confirmation ministry, the adult leaders, and yourself!
- Attend worship with your youth. Model faithful behavior by attending adult programs of Christian learning, servant, and fellowship activities.
- Seek support in the nurturing of your child’s faith development when necessary.
- Be models of Christian discipleship in the world for your youth.

- For first-year parents: assist with Confirmation Brunch in the Spring.
- For second-year parents: Attend the Second-Year Mini-Retreat in the spring.

***Of Guides***

- Prepare with prayer and devotion, accepting the responsibility placed before you.
- Attend Sunday School Classes, Experiences, Reflections, Retreats, Guide Huddles, and other Confirmation Ministry events.
- Value each student and respect the diversity of each individual in their emotional and physical development, their faith journey and their backgrounds. Do not assume or assess, but remain open-hearted.
- Be faithful to the boundaries and sacredness of your Small Group.
- Respect confidentiality of your youth unless legally-bound otherwise.
- Present the best program possible to actively involve adolescents, challenging them, uplifting them, and motivating them. Keep in mind new learning/teaching research.
- Seek support when needed.
- Model faithful behavior by attending worship, adult Christian education programs, servant, and fellowship events.
- Meet and get to know the parents/guardians of the Confirmands. Greet and acknowledge Confirmands and their families.
- Pray for the Confirmation ministry, the adult leaders, parents, students, and yourself.
- Be an example of Christ in the world!

**PARENTAL SUPPORT AND ROLES IN CONFIRMATION**

Confirmation at Christ the King would not happen without the parents of our wonderful youth. The Learning Team asks that all parents of Confirmands be involved in one aspect of the Confirmation Ministry or another. First and foremost, we expect the Parents to host the six Luncheons After Late Worship throughout the year, assigned by Guide Group. Parents work together to determine the expected headcount, agree on a menu, and to provide the food. The church supplies paper goods. The schedule of Luncheons and assignments is as follows:

<u>Date</u>	<u>Set up and Food</u>	<u>Clean up</u>
October 19, 2008	Group 2	Group 3
November 16, 2008	Group 3	Group 1
January 11, 2009	Group 1	Group 2
February 22, 2009	Group 2	Group 3
April 19, 2009	Group 3	Group 1
May 17, 2009	Group 1	Group 2



If you have a conflict and cannot serve in your assigned role on the assigned date, it is your responsibility to arrange a switch with another parent.

In addition, there is a variety of other roles that parents are able to fill. Please consider volunteering to assist in one of the following roles:

- Prize Coordinator (for point system)
- Care Card Coordinator (Sending birthday cards to our Confirmands and Guides)
- Driver – for off-site Experiences, and for Middle School Youth Group

## **LEARNING MATERIALS**



The church gives each student a Study Bible, a copy of *Evangelical Lutheran Worship*, *The Lutheran Handbook*, a journal, highlighter and pen, along with a cool backpack to keep them in. Students should bring their Bible, ELW and Lutheran Handbook to all Sunday School Classes and on-site Experiences.

## **CONFIRMATION REGISTRATION FEES**

To help offset the expenses of Confirmation, the church asks that students contribute towards the cost. For first-year students the fee is \$60.00 and for second-year students the fee is \$30.00. These funds help in the purchase of Confirmation Supplies, curriculum, and other things needed throughout the year. Please make checks out to Christ The King and note 'Confirmation' in the memo. Please submit your payment by September 30, 2008. If you lose any of these materials you will have to pay full cost to replace them.

## **INTERNET RESOURCES**

The Youth and Family Institute

<http://www.tyfi.org>

Ministry and Media

[www.ministryandmedia.com](http://www.ministryandmedia.com)

ELCA Confirmation Ministry Report

<http://www.elca.org/christianeducation/discipleship/conminreport.html>

Confirmation as Youth and Family Ministry

<http://www.elca.org/youth/helpsheets/confirmation.html>

Simply Youth Ministry

<http://www.simplyyouthministry.com/>

Youth Specialties

<http://www.youthspecialties.com/>

Contemplative Youth Ministry Project

<http://www.ymsp.org/events/index.html>

## CONTACT INFORMATION

Church website: [www.Christ-the-King-Lutheran.org](http://www.Christ-the-King-Lutheran.org)

Pastor Scott McAnally  
703-759-6068 (o); 703-421-0399 (h); 703-431-6568 (m)  
[Pastor.Scottmc@verizon.net](mailto:Pastor.Scottmc@verizon.net)

Pastor Paul Gysan  
703-759-6068 (o); 703-757-7207 (h); 703-944-1368 (m)  
[Paul.Gysan@verizon.net](mailto:Paul.Gysan@verizon.net)

Learning Team Chairperson  
Tim Riffe  
202-626-6429 (o); 703-757-9226 (h)  
[riffe@fr.com](mailto:riffe@fr.com)

Confirmation Coordinator(s)

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**APPENDIX A - CALENDAR FOR CONFIRMATION 2008-2009**

<b>Date</b>	<b>Day &amp; Time</b>	<b>Activity</b>	<b>Topic</b>	<b>Liturgical Date</b>
Sep. 7, 2008	Sun. 9:45 a.m.	Rally Day	Rally Day	Pentecost 17
Sep. 13, 2008	Sat. 7:00 p.m.	Experience <i>(Jesus movie party for families)</i>	Bible Basics	
Sep. 14, 2008	Sun. 9:45 a.m.	Teach <i>(Overview and Summary of the Bible)</i>		Holy Cross Day
	Sun. 11:00 a.m.	Celebrate Milestone - Entry into Confirmation at 11:00 worship		
Sep. 21, 2008	Sun. 9:45 a.m.	Teach <i>(OT Chronology, Genre, and Stories)</i>		Pentecost 19
Sep. 28, 2008	Sun. 9:45 a.m.	Teach <i>(NT Chronology, Genre)</i> and Assessment		Pentecost 20
Oct. 5, 2008	Sun. 9:45 a.m.	Teach <i>(Introduction to ELW and Liturgy)</i> & Memory Work Assessment	Worship	Pentecost 21
TBD	TBD	Guide Group 1 meets on their time to plan Worship on Oct. 19		n/a
Oct. 12, 2008	Sun. 9:45 a.m.	Teach <i>(Psalms and Hymns)</i>		Pentecost 22
Oct. 19, 2008	Sun. 9:45 a.m.	Teach <i>(Sacraments)</i>		Pentecost 23
	Sun. 11:00 a.m.	Guide Group 1 to staff 11:00 worship		
	Sun. 12:30 p.m.	Lunch hosted by Parents of Guide Group 2, followed by Parents' Discussion and Planning Sessions for Guide Groups		
Oct. 26, 2008	Sun. 9:45 a.m.	Teach <i>(Luther and Worship: Reformation Prep)</i> & Memory Work Assessment		Reformation
	Sun. 4:00 p.m.	Experience <i>(Reformation service at Nat'l Cathedral)</i>		
Nov. 2, 2008	Sun. 9:45 a.m.	"A Morning at the Movies with Pastor Gysan"		All Saints' Sun.
Nov. 9, 2008	Sun. 9:45 a.m.	Cross-Generational		Pentecost 26
Nov. 16, 2008	Sun. 9:45 a.m.	Reflect <i>(Reformation service)</i> & Prep Interfaith	Pentecost 27	
	Sun. 11:00 a.m.	Guide Group 2 to staff 11:00 worship		
	Sun. 12:30 p.m.	Lunch hosted by Parents of Guide Group 3, followed by Parents' Discussion and Planning Sessions for Guide Groups		
Nov. 21, 2008	Fri. 8:00 p.m.	Experience <i>(Shabbat service at NVHC in Reston)</i>	Christ the King	
Nov. 23, 2008	Sun. 9:45 a.m.	Reflect <i>(on Shabbat service)</i>		

Date	Day & Time	Activity	Topic	Liturgical Date
Nov. 30, 2008	Sun. 9:45 a.m.	“A Morning at the Movies with Pastor Gysan”	Worship	Advent 1
Dec. 7, 2008	Sun. 10:00 a.m.	Experience <i>(attend Baptist worship service)</i>		Advent 2
Dec. 14, 2008	Sun. 9:45 a.m.	Reflect <i>(on Baptist service)</i>		Advent 3
Dec. 21, 2008	Sun. 9:45 a.m.	Worship Wrap-Up and Assessment		Advent 4
Dec. 28, 2008	Sun. 9:45 a.m.	“A Morning at the Movies with Pastor Gysan”	n/a	Christmas 1
Jan. 4, 2009	Sun. 9:45 a.m.	Teach <i>(Bible Study - Serving Others)</i>	Serve and Care	Christmas 2
Jan. 11, 2009	Sun. 9:45 a.m.	Teach <i>(Bible Study - Serving Others)</i> & Memory Work Assessment		Baptism of Jesus
	Sun. 11:00 a.m.	Guide Group 3 to staff 11:00 worship		
	Sun. 12:30 p.m.	Lunch hosted by Parents of Guide Group 1, followed by Parents’ Discussion and Planning Sessions for Guide Groups		
Jan. 18, 2009	Sun. 9:45 a.m.	Teach <i>(Simeon and the Nunc Dimittus)</i> & Prep for Brunch		Epiphany 3
Jan. 25, 2009	Sun. 9:45 a.m.	“A Morning at the Movies with Pastor Gysan”		Epiphany 4
Feb. 1, 2009	Sun. 9:45 a.m.	Experience <i>(Brunch with Seniors)</i>		Epiphany 5
Feb. 8, 2009	Sun. 8:30 a.m.	Worship <i>(b/c LSS workshop will extend into late worship time)</i>		Epiphany 6
	Sun. 9:45 a.m.	Experience <i>(a presentation on LSS programs)</i>		
Feb. 15, 2009	Sun. 9:45 a.m.	Reflect <i>(on LSS programs)</i>		Epiphany 7
Feb. 22, 2009	Sun. 9:45 a.m.	Teach <i>(Bible Study)</i> & Reflect <i>(Seniors)</i> & Prep <i>(Hunter’s Woods)</i> & Memory Work Assessment		Transfiguration
	Sun. 11:00 a.m.	Guide Group 1 to staff 11:00 worship		
	Sun. 12:30 p.m.	Lunch hosted by Parents of Guide Group 2, followed by Parents’ Discussion and Planning Sessions for Guide Groups		
Mar. 1, 2009	Sun. 9:45 a.m.	Experience <i>(intro. to Hunter’s Woods)</i>		Lent 1
	Sun. 2:30 p.m.	Experience <i>(visit Hunter’s Woods)</i>		
Mar. 8, 2009	Sun. 9:45 a.m.	Reflect <i>(on Hunter’s Woods)</i>	Lent 2	
Mar. 15, 2009	Sun. 9:45 a.m.	Serve and Care Wrap-Up & Assessment	Lent 3	
Mar. 22, 2009	Sun. 9:45 a.m.	Teach <i>(Creation)</i>	Grow in Faith Part A – Old Testament	Lent 4
Mar. 29, 2009	Sun. 9:45 a.m.	Teach <i>(Covenants)</i>		Lent 5
Apr. 5, 2009	Sun. 9:45 a.m.	Cross-Generational		Palm Sun.
Apr. 12, 2009	<i>No Sun. School</i>	<i>No Sunday School</i>		Easter
Apr. 17, 2009	Fri. 7:00 p.m.	Retreat for Second-Year Students		
Apr. 18, 2009	Sat. 11:00 a.m.	<i>(7 pm Fri - 11am Sat)</i>		

Date	Day & Time	Activity	Topic	Liturgical Date
Apr. 19, 2009	Sun. 9:45 a.m.	Teach ( <i>God of Three Faiths</i> )	Grow in Faith Part A – Old Testament	Easter 2
	Sun. 11:00 a.m.	Guide Group 2 to staff 11:00 worship		
Apr. 19, 2009	Sun. 12:30 p.m.	Lunch hosted by Parents of Guide Group 3, followed by Parents’ Discussion and Planning Sessions for Guide Groups ( <i>including prep for Holocaust Museum</i> )		Easter 2
Apr. 26, 2009	Sun. 8:30 a.m.	Worship ( <i>b/c visit to Museum will extend into 11:00 worship time</i> )		Easter 3
Apr. 26, 2009	Sun. 11:00 a.m.	Experience ( <i>visit Holocaust Memorial Museum</i> )		Easter 3
May 3, 2009	Sun. 9:45 a.m.	Reflect ( <i>on Holocaust Memorial Museum</i> )		Easter 4
May 10, 2009	Sun. 9:45 a.m.	Experience ( <i>Conversation with a Rabbi &amp; OT Stories</i> )		Easter 5
May 16, 2009	Sat. 6:00 p.m.	Teacher & Guide Appreciation Dinner		Easter 6
May 17, 2009	Sun. 9:45 a.m.	Reflect ( <i>on Rabbi and OT Stories</i> )		
	Sun. 11:00 a.m.	Guide Group 3 to staff 11:00 worship		
May 17, 2009	Sun. 12:30 p.m.	Lunch hosted by Parents of Guide Group 1, followed by Parents’ Discussion and Planning Sessions for Guide Groups		
	Sun. 9:45 a.m.	“A Morning at the Movies with Pastor Gysan”		Easter 7
May 31, 2009	Sun. 9:45 a.m.	<b>CONFIRMATION BRUNCH</b>		Pentecost
	Sun. 11:00 a.m.	<b>CONFIRMATION</b>		
June 7, 2009	Sun. 8:30 a.m.	Worship ( <i>b/c visit to Museum will extend into 11:00 worship time</i> )		Holy Trinity
	Sun. 10:30 a.m.	Experience ( <i>visit Museum of Natural History</i> )		
June 14, 2009	Sun. 9:45 a.m.	Reflect ( <i>on museum of Nat’l History</i> ) & Grow in Faith Wrap-up and Assessment	Pentecost 3	

## APPENDIX B - EXPERIENCES

Date: Saturday, September 13, 2008  
Event Start Time: 7:00 p.m.  
Event End Time: 10:00 p.m.  
Event: Movie Party for Confirmation Families (ages 10 and up)  
Location: Christ the King Fellowship Hall  
Transportation: by families

Confirmation families are invited to watch the movie *Jesus*, starring Jeremy Sisto, Debra Messing, Jacqueline Bisset and Gary Oldman. This movie is an inspiring and powerful rendition of Jesus' Miracles & Parables, Passion, and Resurrection. It's also a fun way to ease into our "Bible Basics" sessions, since it presents a comprehensive, Bible-based overview of Jesus' ministry. Movie run-time is approximately 165 minutes.

Date: Sunday October 26, 2008  
Event Start Time: 4:00 p.m.  
Event End Time: 5:00 p.m.  
Event: Reformation Service  
Location: Washington National Cathedral  
3101 Wisconsin Ave. NW  
Washington, DC 20016-5098  
Tel: (202) 537-6200  
Transportation: Carpool from the church, leaving at 2:00 p.m. and returning at 6:00 p.m.

This is the annual service for all Metro DC area Lutherans to join together, celebrating this important day. We will take a short tour of the Cathedral before the service.

Date: Friday, November 21, 2008  
Event Start Time: 8:00 p.m.  
Event End Time: 9:00 p.m.  
Event: Erev Shabbat Service  
Location: Northern Virginia Hebrew Congregation  
1441 Wiehle Avenue  
Reston, VA 20190  
703-437-7733  
Transportation: Carpool from the church, leaving at 7:30 p.m. and returning at 9:30 p.m.

From the website of the Northern Virginia Hebrew Congregation: "Erev Shabbat Services begin at 8:00 p.m. on most Friday evenings. Community members and visitors are always welcome to join us, as we appreciate the opportunity to connect with you and your family through our worship. Nearly every one of these Erev Shabbat Services includes inviting music led by our cantorial soloist or Kol Shira, our NVHC adult choir. Our uplifting worship, led by Rabbi Robert A. Nosanchuk, includes learning alongside praying. On several occasions throughout the year, we welcome speakers from community organizations."

*Confirmation Ministry Handbook, 2008-2009*

Date: Sunday December 7, 2008  
Event Start Time: 10:00 a.m.  
Event End Time: 11:00 a.m.  
Event: Worship Service  
Location: Providence Baptist Church  
8980 Brook Road  
McLean, VA 22102  
703-893-5330  
Transportation: Carpool from church, leaving at **9:30 a.m.** and returning at 11:30 a.m.  
**NOTE** departure time!!!

From the church's website: "What We Believe [about] Faith and Eternal Life: Eternal Life is a life transformation through which human beings learn to live in the Kingdom of God after being reconciled to their Creator. This change begins when we fully recognize that we are sinners who have lost our way to God. When we turn to Christ and rely upon him to give us what we cannot earn for ourselves, our sins are forgiven and our broken relationship to the Father is restored. Faith expresses itself in human life through the way believers love God with all our hearts, and love our neighbors as ourselves. Because grace/forgiveness is a gift gained through God's generosity, it cannot be lost through human failure."

Date: Sunday, February 1, 2009  
Event Start Time: 9:45 a.m.  
Event End Time: 10:45 a.m.  
Event: Brunch with Seniors  
Location: Christ the King Fellowship Hall  
Transportation: Parents

Senior members of the congregation have consented to be adopted by the students as "grandparents". Seniors and students will get to know each other over brunch, and then embark on a mutually caring, supportive relationship.

Date: Sunday, February 8, 2009  
Event Start Time: 9:45 a.m.  
Event End Time: 12:00 (?) TBD  
Event: Presentation / Workshop on LSS programs  
Location: Christ the King Fellowship Hall  
Transportation: Parents bring students to class as usual; may need to arrange carpool transportation home if program is scheduled to run past 12:00 p.m.

Deacon Kati Miller-Holland of Lutheran Social Services of the National Capital Area will talk about her work with Lutheran Disaster Response and lead the students in a workshop to help them understand the many ways Lutherans care for others world-wide.

*Confirmation Ministry Handbook, 2008-2009*

Date: Sunday March 1, 2009  
Event Start Time: 9:45 a.m.  
Event End Time: 10:45 a.m.  
Event: Presentation on Hunter's Woods Fellowship House  
Location: Confirmation Classroom  
Transportation: Parents

Chaplain Faye Coddling of Fellowship Square Foundation will speak about Hunter's Woods Fellowship House, a government-assisted apartment complex designed for individuals with limited income who are over 62 or who are handicapped or disabled. The Residents at the Foundation's Fellowship Houses come from next door and around the world. They have labored in occupations with little or no retirement benefits. Their work activities have ranged the gamut of teacher, librarian, cashier, beautician, retail sales, life guard, unskilled laborer, and farmer. Some were formerly homeless. Others are refugees from forced labor camps. All have limited means. Some live on less than \$350 a month. Without the Fellowship Houses, many would live in third world conditions.

Date: Sunday, March 1, 2009  
Event Start Time: 2:30 p.m.  
Event End Time: 5:00 p.m.  
Event: A visit to Hunter's Woods Fellowship House  
Location: Hunter's Woods Fellowship House  
2231 Colts Neck Road  
Reston, VA 20191  
703-620-4450  
Transportation: Carpool from church, leaving at 2:00 p.m. and returning at 5:30 pm.

The residents of Hunter's Woods always enjoy visits from our youth, so sharpen your bingo skills and prepare to lose your money at cards! We will provide entertainment, games, and refreshments for the residents. This event may be coordinated with Service Committee efforts.

Date: Sunday, April 26, 2009  
Event Start Time: 11:00 a.m.  
Event End Time: 3:00 p.m.  
Event: visit United States Holocaust Memorial Museum  
Location: 100 Raoul Wallenberg Place, SW  
Washington, DC 20024  
Transportation: Carpool from church to West Falls Church Metro, take Metro to Smithsonian station. Leave from church at 9:45 a.m., pick up at West Falls Church Metro at 4:00.

From the Museum's website: "A living memorial to the Holocaust, the United States Holocaust Memorial Museum stimulates leaders and citizens to confront hatred, prevent genocide, promote human dignity, and strengthen democracy. . . . [T]he Museum provides a powerful lesson in the fragility of freedom, the myth of progress, [and] the need for vigilance in preserving democratic values. With unique power and authenticity, the Museum teaches millions of people each year

about the dangers of unchecked hatred and the need to prevent genocide. And we encourage them to act, cultivating a sense of moral responsibility among our citizens so that they will respond to the monumental challenges that confront our world. Today we face an alarming rise in Holocaust denial and antisemitism—even in the very lands where the Holocaust happened—as well as genocide and threats of genocide in other parts of the world. All of this when we are soon approaching a time when Holocaust survivors and other eyewitnesses will no longer be alive.”

Date: Sunday, May 10, 2009  
Event Start Time: 9:45 a.m.  
Event End Time: 10:45 a.m.  
Event: Guest Speaker Rabbi Nosanchuk  
Location: Christ the King Fellowship Hall  
Transportation: Parents

Originally from the Midwest, Rabbi Robert Alan Nosanchuk and his family now call Virginia home. After graduating from Michigan State University, the Rabbi performed Jewish communal work, working as a Program Assistant for the Youth Division of the Union for Reform Judaism. In 1993, Rabbi Nosanchuk moved to Los Angeles to pursue two Masters Degrees from Hebrew Union College. He was ordained a rabbi in May 2001, earning academic prizes in the areas of Hebrew and Liturgy. As a student he served various pulpits in Montana, New York and New Jersey. After ordination, he served as Associate Rabbi at Baltimore Hebrew Congregation before joining Northern Virginia Hebrew Congregation (NVHC) in 2004.

Date: Sunday, June 7, 2009  
Event Start Time: 10:30 a.m. (approx.)  
Event End Time: 1:30 p.m. (approx.)  
Event: Visit the Ocean Hall at the National Museum of Natural History  
Location: The Museum is located at the intersection of 10th Street and Constitution Ave., NW in Washington, D.C. 20560  
Transportation: Carpool from church to West Falls Church Metro, take Metro to Smithsonian station. Leave from church at 9:45 a.m., pick up at West Falls Church Metro at 1:00

From Museum Press Release, April 24, 2008: Visitors to the Smithsonian’s National Museum of Natural History’s newest and largest exhibition will be met by a set of 7-foot-tall prehistoric shark jaws, a 24-foot-long giant squid suspended in its tank and a model of a 45-foot-long North Atlantic right whale hanging above their heads. There will be no doubt that they have entered the Ocean Hall. Located in the museum’s newly restored central hall, this new 23,000-square-foot exhibition is the centerpiece of a new Ocean Initiative launched by the Smithsonian that focuses on bringing international attention to the complexity and importance of the ocean. The Ocean Hall was created in partnership with the National Oceanic and Atmospheric Administration and shows the ocean’s history and its importance in contemporary society. Traditional mounted specimens and exhibits are paired with innovative technology, providing as thorough and original an experience as possible.

## **APPENDIX C - FIVE PRINCIPLES AND FOUR KEYS**

Faith is mainly formed in the home. Faith is a living partnership between the home and the congregation. Confirmation is an ideal time to focus on the home devotional life in the family, especially coming into the adolescent years. Habits are still being formed that will last a lifetime. Our responsibility as a church is to help foster faith formation in the home and assist in whatever way possible for faith development in the home. Please spend some time as a family in home devotions, sharing highs and lows, and celebrating rituals and traditions on special occasions.

David Anderson and Paul Hill in their book, *Frogs Without Legs Can't Hear*, have researched and developed Five Principals of Faith Formation and Four Keys (or ways) to develop those principals. They are...

### ***The 5 Principals of Faith Formation***

- † Faith is formed through personal, trusted relationships.
- † Church is a living partnership between home and congregation.
- † Home is church, too.
- † Faith is caught more than it is taught.
- † It takes Christian parents and other adults to raise Christian youth.

### ***The 4 Keys of Faith Formation***

- † Caring Conversations
- † Devotions
- † Service
- † Rituals and Traditions

**APPENDIX D - WORSHIP NOTES FORM**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

As I come to worship today, I feel \_\_\_\_\_ terrific \_\_\_\_\_ terrible \_\_\_\_\_ happy \_\_\_\_\_ sad \_\_\_\_\_

blah \_\_\_\_\_ other: \_\_\_\_\_

*From the Bulletin:*

Sunday of the Church Year (i.e. The 18<sup>th</sup> Sunday after Pentecost)

Liturgical Color of the Day (Hint: Look at the paraments hanging from the altar, or the pastor's stole)

What's one thing from the Bulletin's Announcements that piqued your interest?

1<sup>st</sup> Lesson: \_\_\_\_\_ Psalm: \_\_\_\_\_

2<sup>nd</sup> Lesson: \_\_\_\_\_ Gospel: \_\_\_\_\_

Briefly describe what the Gospel was about:

State in your own words what the message of the sermon:

Write down any jokes or stories that were used for illustrations:

What impact has this sermon made on your life?

What questions do you have from today's worship and/or sermon?

Name one thing we prayed for today: \_\_\_\_\_

Name one thing you prayed for today: \_\_\_\_\_

As I leave worship today, I feel \_\_\_\_\_ terrific \_\_\_\_\_ terrible \_\_\_\_\_ happy \_\_\_\_\_ sad \_\_\_\_\_

blah \_\_\_\_\_ other: \_\_\_\_\_

## **APPENDIX E - SHEKINAH, MARCH 20-22, 2009**

“Shekinah” is a Hebrew word that means that time when God comes to God’s people, in the place where they are, and feels their suffering and sorrows. Shekinah is also the name of the Metro DC Synod youth ministry weekend event for junior high / Confirmation youth, when youth may come to realize Shekinah in their lives. Shekinah is held annually in March at the dormitory-style 4H Center nestled among apple orchards in the verdant, rolling hills of Virginia’s Piedmont near Front Royal. In 2008, there were 250 participants from 23 congregations.

It is a weekend of learning, fellowship, worship and service. At Shekinah, youth will participate in:

- Large Group sessions which are times to bring us all together to build a sense of Christian community, introduce themes, speak to the entire community, make music together, worship, and have some fun;
- E(xperiential)-Groups, which are mid-sized sessions made up of several small groups in which youth have an opportunity to experience the event’s message in an active, participatory, and hopefully refreshing new way;
- Small Group sessions, which are a place to meet new people, build new relationships, process the material presented in the Large Group and E-group sessions, and explore the theme in a more intimate setting, facilitated by a Youth Ministry adult; and
- Family Time, during which congregational groups gather to touch base with familiar faces at the end of each day.

Registration information will be available in January, 2009.

## **APPENDIX F - WORK CAMP, JULY 19-25, 2009**

Mount Mills Workcamp in Rocky Mount, North Carolina - Junior/Senior High (ages 12+)

Type of Trip: Home Repair  
Trip Capacity: 440  
Special Format: Semi Private Housing

### **Rocky Mount, NC and surrounding areas**

Rocky Mount had its beginning in the early part of the 19th century, centered on the first area post office established at the Falls of the Tar River. Since that time, this community, which straddles both Nash and Edgecombe counties, has had a tumultuous past, filled with highs stemming from railroad growth and successful tobacco production, and lows brought on by the Civil War and economic hardship. Unfortunately, these highs and lows continue today with the success of large local manufacturers contributing to the community’s growth, and the adverse conditions of our current economy. These conditions hit the elderly and low-income families especially hard because they are left behind as “new” community development blossoms, and a lack of resources prohibits them from maintaining their current lifestyle as prices climb.

Nearby are The Cape Hatteras National Seashore, skiing, fishing, sailing and pleasure boating on Tar River Reservoir, Kitty Hawk (home of the Wright brother’s historic flight), County Line Raceway and many other activities coastal life offers.

## **A Typical Day**

A “typical” day involves serving others, “God Sightings”, daily devotions, and inspirational/interactive worship programs. Your daily schedule will look similar to this:

6:45 a.m. Rise and shine!  
7:00 a.m. Breakfast and gather supplies for the day  
8:00 a.m. Morning program  
8:30 a.m. Leave for project sites and serve at project locations  
3:30 p.m. Return to lodging site for clean-up and free time  
5:00 p.m. Dinner  
7:30 p.m. Evening program, youth group devotions, free time, prep for bed  
11:00 p.m. Lights out

## **Food and Lodging**

A total of 16 meals will be provided during the trip, beginning with dinner on Sunday evening. Meals will consist of hot breakfasts, sack lunches, and hot dinners. All meals will be prepared for you by lodging facility staff. Picnic-style lunches will be put together in the morning and you’ll bring these with you to your project site locations when you depart in the morning. The last meal will be breakfast on Saturday morning. **IMPORTANT NOTE:** Dinner will NOT be provided on Wednesday. Youth groups will have free time that afternoon.

You will lodge in a dorm or similar facility with semi-private amenities, a common eating area, and a program area. The facility may or may not be air-conditioned, so plan accordingly. You might want to bring a small fan. Pay phones may be available; however, there will always be an emergency phone onsite. Facility staff prepares and clean-up all meals and clean the lodging facility.

## **Service Projects**

You and your group will provide home repairs at no cost for elderly, disabled, and disadvantaged people that need your help. Project crews typically serve the same resident for the entire week, creating an environment where meaningful relationships develop. And, most projects are designed to be completed during the week, allowing your group to experience the satisfaction of a job well done. You’ll serve the needs of others through projects like

- Interior and exterior painting;
- Building or repairing porches and wheelchair ramps;
- Building or repairing steps; and
- Weatherization and other home repairs.

Typically, you’ll work at a home in small teams (five-six teenagers with one or two adults) helping someone who needs—and appreciates—your help. Each crew member is a valuable part of the team, fulfilling an important and defined role within the crew. You and your group will make new friends while serving on project teams with people from other churches. Or, if you desire, we can keep you together with people from your own group...just let the Registration team know so we can make proper arrangements.

## **Daily Programs**

You'll applaud the daily programs and devotions. Along with hundreds of other people, you'll experience high-impact, interactive programs with music, Scripture, video, drama, and hands-on activities . . . led by a trained youth ministry professional and a song leader. Programs are carefully designed by the youth ministry experts at *Group Magazine* (the most widely read youth ministry publication) to help you shape your group's service experience into a spiritual growth experience.

## **Cost of Work Camp**

Group Work Camps charges \$469 per person for this Work Camp. The total cost for each student will be the \$469 plus a share of our transportation costs (not yet calculated at this time). The cost of Work Camp is broken down into four payments, as follows:

Due Sunday, September 14, 2008	\$50 non-refundable registration fee and Commitment Form
Due Sunday, February 1, 2009	\$209.50 payment ( $\$469 - \$50 = \$419 / 2 = \$209.50$ )
Due Sunday, May 3, 2009	\$209.50 balance
Due Sunday, June 14	your share of transportation costs

To help defray some of the cost, there will be fundraisers scheduled throughout the year. As of this time, we have scheduled the Dinner after the Christmas Program on Sunday, December 14, 2008 as a fundraiser. More can and will be scheduled. Check website, newsletter and bulletin for more details.

## **Planning**

Fill out the Work Camp Commitment Form and get it to the Confirmation Coordinator by September 14, 2008 along with your \$50 registration fee to assure your spot in next year's Middle School Work Camp! There will be 2-3 Work Camp Parent/Youth Meetings in the Spring as we prepare for our trip. A letter will be sent in early 2009 notifying you of these dates.

Christ the King Lutheran Church  
*Connecting the World with God's Grace*

